



**USTA Team Practice – Winter 2019**  
**January 7 – February 24**  
**\$196.00 per session (7 weeks)**

Intensive drills are used to develop players for the USTA season. Modern stroke techniques and tactics are taught in a match play environment. Team building, goal setting and a program for improvement are set for each player. Evaluations are done on past match experiences and the pros change their drills and approaches accordingly.

<b>Ladies 2.5</b>	<b>Wednesday</b>	<b>9:00 - 10:30 am (16 spots available)</b>
<b>Ladies 3.0</b>	<b>Tuesday</b>	<b>9:00 - 10:30 am (16 spots available)</b>
<b>Ladies 3.5</b>	<b>Friday</b>	<b>9:00 - 10:30 am (12 spots available)</b>
<b>Ladies 4.0</b>	<b>Monday</b>	<b>9:00 - 10:30 am (16 spots available)</b>
<b>Mixed</b>	<b>Monday</b>	<b>6:00 - 7:30 pm All Levels Welcome (12 spots available)</b>

***To Drop-in to a practice, please call the front desk in advance to see if space is available. Cost is \$32.00***

**Must play at USTA level unless approved by the Tennis Director**  
(Min of 4 in each level required to run practice)

**Team Practice Registration Form**

**Name:** \_\_\_\_\_

**E-mail:** \_\_\_\_\_

**Practices Registering for:** \_\_\_\_\_

